

MON	TUE	WED	THU	FRI	SAT
<p>MONDAY MORNINGS 9:30—10:30AM AT TULLAMARINE</p> 				<p>FRIDAY MORNINGS 9:30—10:30AM AT TULLAMARINE</p> 	<p>SATURDAY MORNINGS 8:30—9:30AM AT TULLAMARINE</p> 
<p>Call 1300gohalls to book into 6 week 'Street wise against surprise attack' Fight Club for Men or Fighting Fit Females</p>			<p>Call 1300gohalls to enlist in next</p>  <p>HALL'S TAEKWONDO Fitness with Meaning</p>		
	<p>TUESDAY EVENINGS 8:30—9:30PM AT TULLAMARINE</p>  				



**GROUP FITNESS  
TIMETABLE**

Email: [info@hallstaekwondo.com.au](mailto:info@hallstaekwondo.com.au)  
Website:



Tullamarine:  
261 Mickleham Road,  
Tullamarine, 3043  
Phone: 9330.0032

**Hall's TKD Centres:**

Brunswick: 9383.5811  
Essendon : 9370.1099  
Heidelberg : 9459.3422  
Tullamarine : 9330.0032  
Sunshine: 9312.3011

